



HO'ŌLA SPA



SPA MENU

Hours are subject to change based on regulations, seasonality, and hotel occupancy. Please contact us for current hours of operation.



HO'ŌLA SPA

MASSAGE THERAPY

HAWAIIAN LOMI LOMI MASSAGE

30 min/\$95 60 min/\$160 90 min/\$180

Honoring the ancient kumu (teachers) of Hawaii who passed their wisdom through the generations, this indigenous technique is inspired by the rhythm and beauty of ocean waves and Hawaiian dance. Long, nurturing strokes, gentle movement, and centering breath restore balance and promote deep relaxation.

SWEDISH MASSAGE

30 min/\$95 60 min/\$160 90 min/\$180

This classic massage technique uses long, gliding strokes combined with kneading and gentle friction to address superficial muscle layers and encourage relaxation.

DEEP TISSUE MASSAGE – 60 min/\$180 90 min/\$205

Through sustained pressure and deliberate deep strokes targeting inner layers of muscle and connective tissue, this massage is designed for those seeking to reduce significant muscle tension, reduce stiffness, or recover from the strain of physical activity.

PRENATAL (HAPAI) MASSAGE – 60 min/\$160

Relieve stress, muscle aches, joint pains, and circulatory changes associated with pregnancy with a massage carefully choreographed to meet your unique needs. This modality is designed for women who have completed their first trimester.

REFLEXOLOGY – 60 min/\$160

Rooted in ancient eastern healing practices, this strategic massage aims to restore the flow of vital energy through the body systems by targeting reflex zones on the feet and hands.

OCEANSIDE LANAI

Experience your massage outside for an additional \$10 charge (weather permitting, based on availability).

BODY TREATMENTS

SEA SALT GLOW – 30 min/\$95

Authentic Hawaiian ingredients including sea salt from Moloka'i, island sugar cane, and coconut will smooth and revitalize your skin before a deeply hydrating application of tropical body butter.

COFFEE RENEWAL – 30 min/\$95

Wake up tired skin with this invigorating and aromatic coffee scrub designed to boost circulation and give your skin a brighter and more supple appearance.



SKIN CARE

EXPRESS REFRESH – 30 min/\$95

The express facial is ideal for anyone looking to maintain their skin with a gentle cleansing, treatment mask, facial massage and moisturizing finish.

RENEWAL FACIAL – 60 Min/\$160

Renew your healthy glow with this gentle yet effective facial. Harnessing the power of nature, your experience includes a cleansing with organic botanicals, skin smoothing with natural enzymes, a deeply detoxifying phytocell mask, protective Vitamin C serum application and moisturizing phytocell cream finish.

HYDROPEPTIDE ANTI-AGING FACIAL – 90 min/\$225

This restorative and uplifting treatment leverages the power of peptides to reduce the appearance of fine lines and wrinkles, leaving you with clinical-level results without the downtime. Please select one of the following enhancements to enhance your results at no extra charge (or add both for an additional \$25):

– Polypeptide Cooling Collagel Mask

This refreshing mask is formulated with collagen-loving peptides and soothing, hydrating nutrients that work to smooth, firm, and hydrate. Choose from a mask for your face, neck or décolleté.

– 5X Intense Peel

A gentle yet effective peel containing alpha hydroxy acids, peptides, and red and green teas to clarify and revitalize dull skin, encourage cell renewal, and improve the appearance of fine lines and wrinkles.

UPGRADES

MASSAGE AND FACIAL ENHANCEMENTS

Deep Tissue – \$20

Hot Stone Upgrade – \$20

Coconut Oil Scalp Treatment – \$20

Sun Recovery Balm – \$15

Muscle Therapy Balm – \$15

Aromatherapy – \$15

Hand or Foot Refresher – \$20

Eye and Lip Mask – \$25

Eye Mask – \$7

Hand Mask – \$12

Foot Mask – \$12

Hand and Foot Mask Package – \$20



SPA PACKAGES

NAUPAKA REUNION – 90 min/\$395

Harmonize your senses and celebrate togetherness with side-by-side Swedish or Lomi Lomi style massages enhanced with warm coconut oil scalp treatments and luxurious foot refreshers.

PIKAKE BLISS – 120 min/\$295

Elements of our most requested treatments are combined to create a transformative spa experience you'll dream about until your next visit. This treatment begins with a Hawaiian Lomi Lomi Massage using warmed pohaku (hot stones) and concludes with our Renewal Facial.

NA MEA LANI – 90 min/\$235

Enjoy a relaxing 60-minute massage enhanced with your choice of aromatherapy and a 30-minute therapeutic warm coconut oil scalp massage.

KONA MANA – 90 min/\$225

Tap into our local mana (energy) with an energizing total body exfoliation using Kona coffee followed by a Hawaiian Lomi Lomi massage.

GUEST INFORMATION

GRATUITY

Tax and 20% gratuity will be added to all spa services for our convenience. Guests may adjust gratuity as they wish.

CANCELLATION POLICY

We have a 6 hour cancellation policy, with a 50% charge for less than 6 hours notice and a 100% charge for not calling.

We suggest arriving 10 minutes prior to your scheduled service. If guests arrive late for their appointment time their treatment will finish at the scheduled time in order to honor the next scheduled guest service. The treatment fee will remain full price.

Guests 14-17 years old must receive spa approval prior to their service. Please advise spa personnel when scheduling services.

To ensure our safety and comfort, kindly advise spa personnel of any illness or medical condition when scheduling.

GIFT CERTIFICATES

Give the gift of peace and relaxation to someone special or send a little aloha to your loved ones - allow us to create a spa gift package for you.



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Schedule your time of peace and relaxation,
808.207.9098

www.HoolaSpa.com

MAE 2749, BSH 5153